Colfax Connections

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City Council Searching To Replace Heathcock and Mendoza

By wstockwin@hughes.net

The first meeting in May opened with a full agenda that included the resignation of Mayor Pro Tem Mendoza, temporarily filling her committee assignments until her replacement could be appointed, and establishing an ad hoc committee to discuss private development service fees.

Mendoza resigned effective May 5, 2023, leaving the council with the options of 1) appointing a replacement to fill out the remaining 15 months of her term or 2) holding a special election.

In her brief resignation note Mendoza said that she was "moving outside of (Colfax) to explore new opportunities." She urged the council to appoint a replacement to save the cost of a special election.

The council had to do one or the other within 60 days or before July 4th. Special elections cost money and the council members present – Mayor Burruss, and councilmembers Ackerman and Douglass – decided to save the expense and appoint a replacement.

To start the process they opened an application period for interested individuals that would run from May 11 through May 26, when completed applications or written resumes could



Wes Heathcock

be submitted to City Hall no later than 5:00 p.m. on May 26, 2023.

Submission by personal delivery, regular mail, certified mail, or electronic mail was acceptable as long as it was received by the deadline. All candidates had to be citizens and verified registered voters of Colfax.

When that two-week period was over, council members would then review and winnow the number of candidates down to five possibles to be interviewed at a public meeting for a term of office that would run until 11/5/24. The council anticipated appointing a replacement at its June 14th meeting.

City Manager Wes Heathcock also announced his own departure for a new position as Community Services Manager for the Town of Loomis and expected to leave Colfax on June 9. So while the council was hunting for a new council member, they would also have to begin the search for a new city manager. That process usually requires hiring an interim city manager to keep things running until a

continued on page 3

The City Council will bring forward Michael Luken for formal consideration as the Interim City Manager.

Luken has 35 years in land use planning, economic development, city/county management and recently retired as the Executive Director of Placer County Transportation Planning Agency.

Luken brings a wealth of city management experience to the City of Colfax. If approved, Mr. Luken will take the reins on June 28, 2023.

Council Likes Luken For Interim City Manager



Colfax Soroptimist Club Awards Honoring Women And Girls



Above, left to right – Soroptimist Foundations Award Chair Dale Shuttleworth, Karen Ellis Cook-Hammond, Trinity Vernon-Cole, Sarah Fowler, Soroptimist President Janice Quinn.

Photo and story by Alan Shuttleworth

The Colfax Soroptimist Club recently held a celebration dinner to present the club's 2023 awards honoring women and girls.

The Violet Richardson Award is named after Violet Richardson, the president of the first Soroptimist Club in Alameda County in 1921. As a volunteer service organization, Soroptimists believe that by acknowledging a young woman's volunteer service, she will grow up to be an active and contributing member of her community.

This years' award went to CHS senior, Trinity Vernon-Cole. Her work as a Peer Mentor at Colfax High School, a captain in her School Leadership Class, and Vice President of the National Bring Change to Mind Club translates into an individual that views helping others as a "calling." Her cash award is earmarked for supporting her fall college adventure.

The Ruby Award is named to honor Ruby Lee Minar, the first Soroptimist Federation President. The award is designed to honor women who have made extraordinary differences in the lives of women or girls.

This Years' Ruby award went to Karen Ellis Cook Hammond. Her 41 years as an office staff member at Colfax High School gave her enormous opportunity to be a mentor, confidant and cheerleader for countless CHS girls. Karen's cash award will be donated to the Green Machine, a local organization dedicated to youth-centered community projects including sports and school. The Live Your Dream Award is designed to motivate and support women who provide the primary source of income for their families. In addition, they are very motivated to achieve their goals and have been accepted to or are currently enrolled in a vocational training program or undergraduate degree program.

The goal of the award is to help women improve their economic status by preparing them to enter the work force. This years' award went to Sarah Fowler. She is a single parent with three dependent children and is currently enrolled in an AA degree program at Sierra College. Her 2024 graduation date is "on track."

Future plans include pursuing a BA degree in Sociology from CSU Sacramento. Her career goal is to work in the Social Services arena and specialize in programs that assist foster youth. Her cash award will go to support her college and home expenses.

CHS United Nations Club Meets In Rome

By Alan Shuttleworth

Come Spring Break, where do the young people go? Maybe Daytona Beach or Fort Lauderdale? Not if you are a member of the Colfax High School Model United Nations Club! Instead, you attend an international conference for United Nations Club members and you meet for their annual academic competition in Rome, Italy.

Under the direction of Club Advisor and Colfax High English teacher, Sarah Schopfer, the Colfax Club immersed themselves in travel, language, culture and history. The conference is an intercollegiate competition designed to have student participants better understand international politics through cooperative dialog and formal debate. Student participants were provided with many opportunities to boost their skills in research, critical thinking, leadership and teamwork.

City Council from page 1

replacement is found.

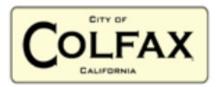
The final piece of business dealt with adopting an ordinance that would allow the city to charge and collect fees for services to private developments. This issue arose during this past winter when heavy snowfall required the city to plow what are private roads that had not paid mitigation fees when they were built. An ad hoc committee of Mayor Burruss and councilmember Ackerman was formed to consider the matter and report back at a future meeting.

The Council Business section on the May 24 meeting agenda included awarding \$8 million in waste water treatment plant upgrades, providing direction on a draft ordinance allowing shortterm rentals in the city, discussion and potential adoption of a Resolution appointing Michael J. Luken, (retired executive director of the Placer County Transportation Planning Agency) as interim city manager, and creating an Ad Hoc Committee to oversee the recruitment of a new city manager.

None of that happened, however, because the meeting was cancelled on May 23 due to a lack of a quorum. Heathcock said that would necessitate holding a Special Council Meeting sometime before his departure date on June 9.



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Colfax Connections is a monthly city publication edited by Will Stockwin, who can be contacted via e-mail at **wstockwin@hughes.net**. All submissions are welcome, the earlier the better.

Submissions deadline is the 20th of the previous month.

STAFF

Photography – Alan Shuttleworth Assistant To Editor – LindaLou Haines

Hard Copies of Colfax Connections can be found at City Hall, the Colfax Library, Colfax Area Chamber of Commerce, Colfax Heritage Museum.

Digital copies can also be found on the Chamber's Website at (www.ColfaxChamber.com) and on the City's Website at (www.colfax-ca.gov).



Business Briefswith LindaLou Haines

What a wonderful experience! Attending a yoga class at **Paloma Yoga** and taught by Fernanda Ruiz. Fernanda says, "It is a yoga studio in Colfax providing instruction for all ages and skill levels. Let us share our love of yoga with you." The symbol for Paloma means peace by connecting earth and sky.

The Yoga studio is located at 7 N. Main, Suite #1, in the old Freight Building and next to the red caboose at Main and Grass Valley Sts.

Fernanda has taught for a total of 11 years in florida, here in Colfax with Rebel Health, at Sierra Vista Community Center and now in her own studio on N. Main. Her classes are a mix of restorative Hatha, Vinyasa, and Power Flow which integrate alignment, endurance and breathing techniques with basic postures and creative sequencing. Each of her classes are designed to energize the body, cultivate a meditative consciousness, and to improve overall health and safety.

She teaches five one-hour classes per week: Tuesday and Thursday, 10 a.m., Vinyasa, focusing on the whole body; Wednesday, 10 a.m, Restorative Yin Yoga; Wednesday, 6:30 p.m., Vinyasa, focusing on shoulders and hips and detoxifying the body;; Saturday, 9 a.m., Vinyasa, focusing on balance. Each class is open to all levels and ages and costs a very nominal fee of \$10 per class.

More details on the Resorative Yin class I attended: I foud Fernanda to be an engaging and gifted teacher, who takes time to give individual attention and encouragement to all students, especially this first timer. She also listens to students' concerns and speaks softly but reassuringly to individuals and to the whole group.

In the next weeks and months Paloma Yoga will be hosting classes by other holistic practioners: Astrology, Nutrition, and Shadow Work by a shaman. She is also currently looking for a Medita-



Paloma Yoga owner, Fernanda Ruiz.

Photo by Alan Shuttleworth

tion teacher and a Reiki teacher to present those sessions as well.

Later this year Fernanda will be leading two yoga retreats: An August retreat in the redwoods and an October one at Tahoe.

For more information on Fernanda's classes and retreats, contact her by e-mail, marifersoberanes@gmail.com and check out her website, PalomaYoga.org.

As always, email me at **lindalouhaines14@gmail. com** with your business news in Colfax.





Veterans Memorial Hall ~ 22 Sunset Circle ~ Colfax

Literacy Awards At The Colfax Elementary School



The Colfax Lions Club recently teamed with Colfax Elementary School staff to recognize students that had exceeded school goals for growth in reading as measured by standardized testing.

Lions International has committed to a multi-year effort to increase literacy rates. It is a call to action for Lions Clubs around the world to plan projects and activities that stress the vital importance of reading.

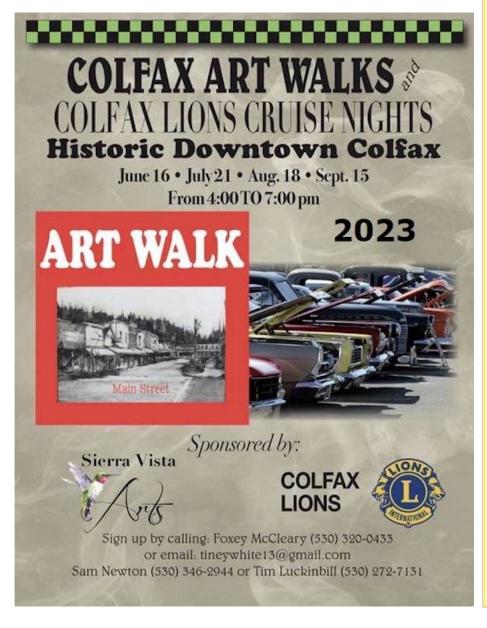
Photo credits...L-R are:

Back row: Lions Club Literacy Chair, Alan Shuttleworth Anna McElwey, grade 8 Principal, Annette Udall

Middle Row: Mae Roan, grade 6 Jaycee Hill, grade 3 Josiah Edwards, grade 4 Connor Paskey, grade 6

Front Row: Clark Shelton, grade K Danny Garity, grade 1 Brody Porter, grade 3

Photo by Dale Shuttleworth Story by Alan Shuttleworth



How Do Trees Help The Environment?

(Editor's note – Once again we are featruing the six winners of the Colfax Garden Club's annual 5th Grade Arbor Day Essay Contest. Starting with its May issue, Colfax Connections is sharing those essays with its readers. **Frankie Sanchez** was the Second Place winner.)

Trees are the longest living organisms on Earth. It's a good thing because they help our environment. The importance of trees cannot be ignored.

Trees help the environment in huge ways. Do you ever wonder why trees are planted alongside roadways? Trees reduce

sound waves and help block noise. I live close to the freeway so I am thankful for trees that block the noise and help me to sleep better. Trees also absorb harmful pollution from cars and make our roadways look beautiful.

You can also save energy with trees. Shade provided by trees can make it cooler through a process called transpiration. This way you don't have to use your air conditioner as much. In the winter, trees block the cool winds, reducing heating costs.

They can also be used as a

renewable heating source in wood burning stoves. You need trees to make a fire so you can stay warm and cozy so you don't get sick.

Trees give us yummy food like apples, oranges and pears. According to Paul Smart a pear tree can produce about 150 pounds of pears in a season. In 'urban trees' fruit trees really help filter storm water and keep pollution from getting into other water sources.

So this is why I think trees help the environment. Without trees, our world would not be beautiful, comfortable and clean.





SYNCHUSY CELEBRATION JULY 3 · 2-10 PM DOWNTOWN COLFAX

KIDS PARADE HOSTED BY THE LOCAL 4H CLUB 6:30 PM

LIONS CLUB PARADE 7:30 PM

FIND AND MEET SPIDER-MAN, SHURI BLACK PANTHER, DISNEY'S ARIEL, ANNA AND ELSA- 5:30 - 8:30 PM

➤ MALARKEY BAND @ ART PARK BEER GARDEN 4 - 6 PM AND 7 - 9 PM ➤

NOVA SUTRO BAND @ S.MAIN BEER GARDEN 3 - 6 PM

THIRSTY CAMEL BAND @ S.MAIN ST. 6:30 - 9:30 PM

DJ CAPTAIN SPRINKLE -TOWN CENTER 4:30 - 9: 30 PM

COLFAX GREEN MACHINE KIDS ZONE- 3 - 7 PM

LITTLE DOG RACE SPONSORED BY GREEN MACHINE- 3 - 5 PM

FIREWORKS AT 9:30 PM SHARP!!!

SPONSORED BY

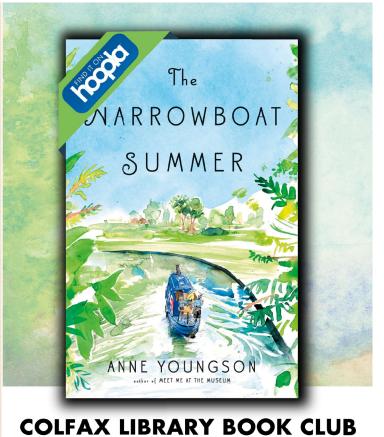












WEDNESDAY JUNE 14 | 2PM



6-15-2023 AMERICAN LEGION POST 192 COLFAX

3rd Thursday of the month veterans fundraising dinner at the Colfax Memorial hall. Freshly grilled beef and chicken Fajitas (3) with cilantro rice, beans and dessert. Social hour starts at 5 pm and dinner at 6 pm

Nonalcoholic beverages served with dinner.



New prices start in July. \$20 adult \$10 ages 7-13

July will feature:
Pork sliders on
Hawaiian rolls with
coleslaw, grilled
corn salad and
dessert.

\$15.00 per person, \$8.00 ages 7-13 and under 7 are free

Please call ahead for reservations. Takeout available (with reservations).
Commander's cell 916 216-8254 or Lorrie 916 202-2851 commander@post192 colfaxca.com

POST 192 22 Sunset Circle, Colfax 95713

post192colfaxca.com

New menu every month

Churches

Colfax Assembly of **God Community Fellowship** 252 Culver St., Colfax, CA 95713

Email: colfaxaog@

gmail.com

Website: http://www.colfaxagca.org/

Colfax Baptist Church 24850 Ben Taylor Rd., Colfax, CA 95713 530-346-8110

Email: pastorgaryhoward@yahoo.com Website: http://colfaxbaptist.com/

Colfax United Methodist Church 59 W. Church St., Colfax, CA 95713 530-346-2267

Website: https://www.colfaxumc.org/

Kingdom Hall of Jehovah Witnesses 944 Canyon Way, Colfax, CA 95713 530-346-2525

Website: https://www.jw.org/en/

St. Dominic's Catholic Church 589 E. Oak St., Colfax, CA 95713 530-346-2286

Website: https://www.scd.org/parish/

st-dominic-parish-colfax

Seventh Day Adventist 454 Scholtz Ave., Colfax, CA 95713 530-346-8844

Website: https://www.colfaxsdachurch.com

The Church of Jesus Christ of Latter-Day Saints 1875 S. Auburn St., Colfax, CA 95713 530-346-7702

Website: https://www.lds.org/

Social Organizations

American Legion Post 192 22 Sunset Dr., Colfax, CA 95713 530-346-9433

Website: http://norwellpost192.org

Colfax Area Chamber of Commerce 99 S. Railroad St., Colfax, CA 95713 530-346-8888

Website: http://colfaxchamber.com

Colfax Area Historical Society Archives: PO Box 185, Colfax, CA 95713 Museum 99 Railroad St., Colfax, CA 95713 530-346-8599

Website: https://colfaxhistory.org

Colfax Garden Club PO Box 1801, Colfax, CA 95713 530-346-7474 Website: http://californiagardenclubs.com/ content/colfax-garden-club

Colfax Lions Club PO Box 664, Colfax, CA 95713 530-477-2533 Website: https://www.e-clubhouse.org/sites/ colfaxca

Sierra Vista Artists 55 School St., Rm. C-4, Colfax, CA 95713 530-320-0433

Sierra Vista Community Center 55 School St., Colfax, CA 95713 530-346-8726 Website: https://sierravistacolfax.wordpress.com

Soroptimist International of Colfax PO Box 475, Colfax, CA 95713 530-637-4878

VFW Post 2003 22 Sunset Dr., Colfax, CA 95713 530-346-7768 https://www.colfaxveterans.org/vfw.html



Colfax Garden Club







Garden and Art Tour

BONUS: Flower Show (10:00 am - 3:00 pm)

Saturday, June 17, 2023

10:00 am - 4:00 pm

Tickets available for \$20 each at:

- 1. A-Z Supply 13306 Ridge Road, Grass Valley
- 2. Colfax Farm & Country Store 140 N. Main Street, Colfax
- 5. Hills Flat Lumber 1000 Canyon Way, Colfax
- 7. Peaceful Valley Farm & Garden Supply 8. Weiss Brothers Nursery 125 Clydesdale Court, Grass Valley

- 2. Colfax Chamber of Commerce 99 Railroad Street, Colfax
- 4. Green Acres @ Eisley 380 Nevada Street, Auburn
- 6. Key Salon 333 S. Auburn St. Colfax
- 615 Maltman Drive, Grass Valley
- 9. Day of Tour only, while enjoying the FREE flower show: Colfax United Methodist Church, 59 Church Street, Colfax (10:00 am - 3:00 pm)

Proceeds benefit various community projects, including the Colfax Elementary School Youth Garden.

For additional information, contact Pam Kern Phone: 973-610-1012